



Word on the Street

FALL 2016

StreetWorks Harm Reduction Services offers free and confidential services to anyone in the Niagara Region.

Stop by our office at 120 Queenston St., St. Catharines. Monday-Friday, 9am-5pm

We offer a mobile service. Monday-Friday, 6pm-10:30pm Call us at (905) 328-6715



EXPIRING Naloxone



If you have been trained in overdose prevention and naloxone/narcan, there is a chance that your naloxone is **expiring in October**.



Check your naloxone vials and/or the prescription card located in the kit. We will give you two new vials and take the old ones away.

Rescue Breathing is Like a Kiss... Keep it Simple Sassypants and Don't Compress

We now recommend to do rescue breathing in overdose situations. Check the person's airway to see if they are choking on something; if they are not choking, pinch the person's nose while you tilt their head back, and give 2 breaths. Continue with 1 breath every 5 seconds.



If you already have a naloxone kit, breathing barriers are available at the StreetWorks office and can be added to your kit.

Have you had problems with the Sure Comfort 28g long tip needles?

Try out the 27g long tips that we now have in stock!

They are the same length, just a bit bigger which helps to make them more sturdy.



Is it heroin, or...?

Staff have heard from many clients that the heroin they have bought is stronger than normal. It is suspected that is because it isn't heroin at all, but fentanyl.

Fentanyl is incredibly strong and even more so if it is not regulated. If you have just bought some heroin try a small amount before doing your whole hit. You can always do more, but can't do less.

HERE'S HOW YOU CAN STAY ALIVE!!

Never use alone   FENTANYL KILLS QUICKLY. Make sure you and your friends carry NALOXONE kits.

Notice changes in color and texture and GO SLOW if it's different.   Do a tester shot. Don't slam it - try 10-20 cc's first.

Call 911

Source: <http://health.baltimorecity.gov/Fentanyl>

Get Involved!

Join us on the 2nd and 3rd Thursday of the month from 2pm -4pm for our Peer Program. An extra bonus (besides hanging out with some pretty awesome people and giving back to the program), is you get paid for your time!

There are only 3 spots available each shift and people are chosen by a lottery system.

Come by the office the day on peer days around 2pm to get your name put into the hat.



Peer Program Dates

Oct. 13th & 20th
Nov. 10th & 17th
Dec. 8th & 15th

Do you need help with accessing medical care or counselling?

The Urgent Service
Access Team (USAT)
at Quest might be
able to help you.

They are a team that
provides individuals
with short term sup-
port and health care
while they help to con-
nect you with more
long term
supports.

They can assist with
linking you to:
Medical care
Addiction treatment
Housing help
Mental health
services
And more!

For more
information give them
a call at:
905-688-2558
ext. 301



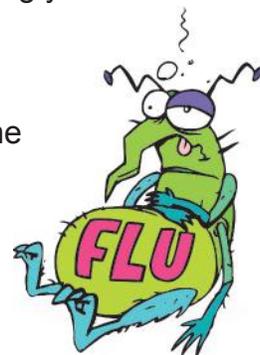
**FREE
CONDOMS &
LUBE
AVAILABLE
THROUGH
STREETWORKS**

Flu Clinics

It's that time of year again, the season where germs and flus are running rampant. Protect yourself against the most common strains of the flu by getting your yearly flu shot.

Stacey, the Public Health Nurse, will be offering a Flu Shot Clinic at our office on the following days:

Monday November 7th, 1pm-3pm
Monday November 14th, 1pm-3pm
Monday November 21, 1pm-3pm
Monday November 28, 1pm-3pm



No appointment or health card is needed to attend this clinic.

Bring Us Your Returns

Bringing us your returns is your responsibility to the program. You can drop them off at the office, one of our satellite sites, or we can come and pick them up.

No biohazard bin? Put your used sharps in a puncture resistant container (pop bottle, coffee can, laundry detergent bottle, etc).

Staff do have the right to refuse returns in questionable bags or containers.



Satellite Sites

Can't make it in to the office? Visit one of our satellite sites for safer injection materials.

St. Catharines

Mapleland Pharmacy
120 Welland Ave.

STOMT Drop-In

St. Barnabas Anglican Church
33 Queenston St.

Port Colborne

Boggio's Pharmacy
200 Catharine St.

Ridgeway

Boggio and Edwards Pharmacy
307 Ridge Rd.

Brodies Pharmacy
315 Ridge Rd.

Welland

VIP Pharmacy
601 East Main St.

Fonthill

Boggio & Parton Pharmacy
155 Hwy. 20 West

Niagara Falls

Project Share
4129 Stanley Ave.

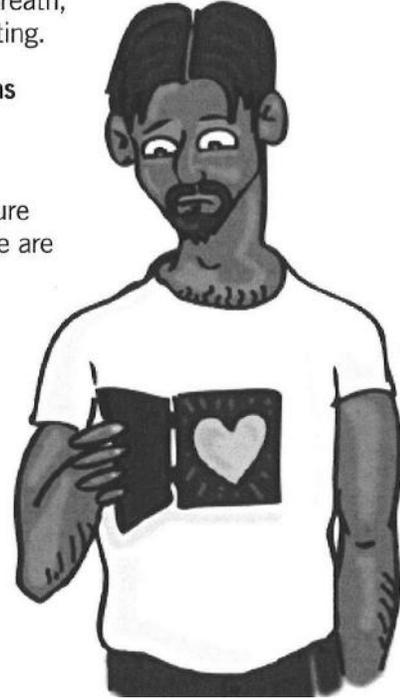
Heart Infection (Endocarditis)

CAUSE: Dirt or bacteria that get into your veins when you inject eventually travel to your heart valves where they build up. As your heart beats, little pieces of this build-up can shake loose into the bloodstream, causing embolisms

SIGNS: Chest pains, shortness of breath, fever, heart palpitations and/or fainting.

CARE: See a doctor when symptoms first appear; if left untreated, you could die.

REDUCE YOUR RISK: Try to make sure all your works and your injection site are clean. Use a new needle and filter every time. With re-used filters, microscopic cotton fibres can stick to the end of the needle, and then travel through your bloodstream and cause heart infection.



Source: Sharp Shooters, Queen West Community Health Centre & CATIE

Levamisole

We have heard from many clients that levamisole is once again in crack and powder cocaine.

Levamisole is a toxic substance for de-worming animals and can cause serious illness in some people. Not everyone who uses cocaine with levamisole will get sick, but those that do, can have severe infections.

If you have any of these symptoms, go to your closest emergency room immediately:

Skin Conditions:

Dark purple patches appear on your body. At first it looks like a bruise, then it gets darker and forms scabs. The skin can die, and start to come off.

Infections:

Rapid onset of fever, chills, sore throat, and/or pneumonia.

The infection is treatable. Make sure to tell hospital staff that you use cocaine/crack, and you are worried that your symptoms are from levamisole. They need all the facts to help you.

MENTAL HEALTH & ADDICTIONS

ACCESS LINE

1-866-550-5205

CONFIDENTIAL HELP 24/7