



Word on the Street

SPRING 2016

StreetWorks Harm Reduction Services offers free, anonymous and confidential services to anyone in the Niagara Region.

Stop by our office at 120 Queenston St., St. Catharines. Monday-Friday, 9am-5pm

We offer a mobile service. Monday-Friday, 6pm-10:30pm Call us at (905) 328-6715



New Van Schedule

Do you live in Port Colborne, Fort Erie, Ridgeway, Stevensville or Crystal Beach?

Effective immediately the van will only be available every **Tuesday** and **Thursday** night. It is important to call the cell phone as early as possible to ensure we are able to see you. If you happen to call on a different evening you will be put on the list for the next Tuesday or Thursday.

Due to the high volume of calls throughout the Region, we find it necessary to dedicate 2 shifts per week to your area. If you are in need of supplies on a day that we are unable to get to you please visit one of our satellite sites:

Port Colborne

Boggio's Pharmacy
200 Catharine St.

St. Catharines

Mapleland IDA
120 Welland Ave.
STOMT Drop-In
33 Queenston St.
Wednesday's 6-11pm
Quest
145 Queenston St.

Welland

VIP Pharmacy
601 East Main St.

Fonthill

Boggio's Pharmacy
155 Hwy. 20 West

Niagara Falls

Project Share
4129 Stanley Ave.

Ridgeway

Boggio's Pharmacy
307 Ridge Rd.
Brodies Pharmacy
315 Ridge Rd.

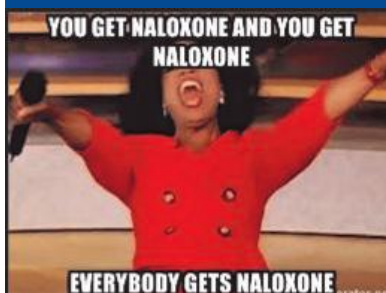


NALOXONE/ NARCAN

Have you used your naloxone? Be sure to let us know so we can replace it as soon as possible. Over 150 kits have been used successfully to reverse opioid overdoses.

If you're interested in the 15 minute training, talk to staff today.

**Be part of a
healthy
community!**



Know your HIV status



HIV is a virus that can make you sick. It weakens your body's immune system. Only 5 body fluids can contain enough HIV to infect someone: blood, semen (including pre-cum), butt juice, vaginal fluid and breast milk. HIV can only get passed when one of these fluids from a person with HIV gets into the bloodstream of another person. The 2 main ways that HIV can get passed are:

- By sharing needles or other equipment to inject drugs
- Through unprotected sex (anal or vaginal sex without a condom)

If you think you may have been exposed to HIV, it is important to be tested. (Source: Catie.ca) You can find out your results with a rapid HIV test.

If you would like an HIV test you can get one done at our office on **Mondays between 1pm & 3pm** or we can come to your home on **Wednesday evenings** (please call the cell phone to arrange an appointment). You can also visit your nearest Sexual Health Centre or your family doctor.

New works every time



It is important that you use new equipment every single time you inject. Not just new needles, but new spoons, water, alcohol swabs, filters and ties too. Sharing your equipment or using someone else's wash can put you at risk for infections, viruses and bacteria.

Thursday Nights

Did you know that on Thursday Nights in the van we have an addictions counsellor out with us? If you feel like talking about making some changes she is there to listen!

Like all of our services, it is free and confidential.

Chat with staff for more information.

**FREE
CONDOMS &
LUBE
AVAILABLE
THROUGH
STREETWORKS**

Not the Gravy Train



As you may have noticed StreetWorks has been cutting back on the amount of supplies we are able to give to you. We are happy to provide you supplies free of charge, however they are not free to us. Last year the program gave out 1.1 million syringes in the Niagara Region and unfortunately we can not keep up with that demand. We will never NOT give you supplies, we just might not be able to give you what you asked for.

It is important that the supplies given out are not going to waste, so please take care of them and make sure your used needles are returned to our office or satellite sites.

We want to thank everyone for being so understanding about this matter.

Issues with our supplies? Let us Know!

Lately we have been hearing that some folks are having issues with our syringes (no bevel, barbed tips, etc.). If this is happening please keep the syringes and the box and/or supplies that are defective and give them back to us. This way we can contact our distributor and discuss the issues. If we are not aware of any issues we can not start conversations with our suppliers. This is your program and we want to make sure that the supplies we are handing out are the highest quality they can be.

Warning: Strong Heroin

There have been reports of very potent heroin going around. Stay safe by:

- Getting a narcan kit
- Testing your dose (try a bit before doing the whole hit)
- Use with others

Satellite Sites

Can't make it in to the office? Visit one of our satellite sites for safer injection materials.

St. Catharines

Mapleland Pharmacy
120 Welland Ave.

STOMT Drop-In

St. Barnabas Anglican Church
33 Queenston St.

Port Colborne

Boggio's Pharmacy
200 Catharine St.

Ridgeway

Boggio and Edwards Pharmacy
307 Ridge Rd.

Brodies Pharmacy
315 Ridge Rd.

Welland

VIP Pharmacy
601 East Main St.

Fonthill

Boggio & Parton Pharmacy
155 Hwy. 20 West

Niagara Falls

Project Share
4129 Stanley Ave.

Safe and Proper Disposal

Throwing away your used needles in parking lots, grocery bags, parks, dumpsters, garbage bags, recycle bins, down sewer grates, etc. is **DANGEROUS** and puts the community at risk. This also brings unwanted attention to your neighbourhoods.

We have big yellow bins and small black bins for you to use, and welcome returns in the office or the van. Please make sure the lids are on tight and locked.

If you do not have a bin that we have provided for you, please use a puncture proof container. Some examples include:

- ◆ kitty litter bins
- ◆ coffee cans
- ◆ detergent bottles

Remind your friends to dispose of their sharps, and if you see needles in your neighbourhood, ask us for tips about how to help clean them up.

This is your program, let's keep it running!

Returning your used equipment in garbage bags, boxes or any other container that is not puncture resistant puts staff at serious risk of needle stick injuries. When staff receive returns like this we have to sort through the mess to ensure that all syringes are disposed of properly.

Please use the proper containers and make sure that **ONLY** your sharps are going into the containers. Garbage, wrappers, etc. can be put into your everyday trash can.



Staff have a right to refuse returns that are not in proper containers

MENTAL HEALTH & ADDICTIONS
ACCESSLINE
1-866-550-5205
CONFIDENTIAL HELP 24/7